



Section 6
Retirement Resources

Local Organization:	Heart and Stroke Foundation
Address:	59 Great Northern Road SSM, ON
Telephone Contact(s):	705-253-3775
Website:	www.heartandstroke.ca
Contact Person:	Dan Ingram
Resource Information:	<ul style="list-style-type: none">• Free Blood Pressure Clinic (Thurs. 1-4pm)• Free “Heart Health” presentation• Heart & Stroke Risk Assessment• Blood Pressure Action Plan• Health Weight Action Plan• Health Information Resource Catalogue• “Restart a Head, Restart a Life”• “Spark Together for Healthy Kids”